

	<p>POWER FIT Heavy Duty Multi-Speed Fitness Unit</p> <ul style="list-style-type: none"> ▪ FOR HOME USE, 57" High x 28" Width, Heavy Duty Circular Motion and Vibration Massager ▪ Multi-Speed (1~30), 3 Auto Programs ▪ Control timer: 0-20 minutes ▪ Rhythmic Massage of the body centered on the core muscle group~abdomen, thighs, lower back
	<p>POWER FIT Robust Multi-Speed Fitness Unit</p> <ul style="list-style-type: none"> ▪ 48.5" High x 27" Width, Ultra Circular Motion and Vibration Massager ▪ BMI Test, Control timer, 3 Auto Programs, Multi-Speed (1~20). ▪ Rhythmic Massage of the body centered on the core muscle group~abdomen, thighs, lower back
	<p>POWER FIT Middleweight Round with Remote Control</p> <ul style="list-style-type: none"> ▪ Ultra Circular Motion and Vibration Massager ▪ Multi-Speed (1~20), Hold Bar (Optional) ▪ Control timer: 0-20 level, 3 Auto Programs ▪ Rhythmic Massage of the body centered on the core muscle group~abdomen, thighs, lower back

Manual Updated 20-Jul-09 Printed 20-Jul-09
 Generic Name: Electric Massager
 Trade Name: Beauty Massager DS166
 Country of manufacture: Taiwan
 FDA Classification: I

Manufactured for and Distributed by:
 YCY Better Health Centre
 9253 Shaughnessy Street
 Vancouver BC
 V6P 6R4
 Canada

BEAUTY MASSAGER 6 SPEED

DS 166 OPERATION MANUAL

Experience a targeted relaxing massage or enhance your weight reduction program using 1 of 6 different vibration speed settings and 40+ belt positions.

Featuring a vibrating wave motion that goes straight to your problem areas, the Beauty Belt Massager will relax sore muscles and massage your waist and hips with the same action. Customers all over the world love the stimulation and revitalization that our massage device can give.






MASSAGE THROUGHOUT HISTORY

Since pre-history, everywhere in the world, massage has been important in care-giving and medicine. Some of the earliest Chinese writings mention massage. Hippocrates, the father of Western medicine, spoke of the therapeutic effects of "rubbing." Among traditional remedies, the effectiveness of massage has always been recognized.

Some results we can know just from personal experience. Most of us have had a massage at some time, so it's easy to hear tell of its soothing and invigorating effects.

In the modern era, technologies have always been adapted to massage. Before 1900 American physician / health pioneer John Kellogg created a vibrating chair for "Mechanical Massage." He wrote that " more vigorous, rapid, and uniform movements can be executed by machinery than by the hand, and the movement may be continued as long as necessary," since powered devices never tire.

BELT MASSAGERS – ALMOST 100 YEARS

In ancient times, and in historical times since at least 1850, vigorous massage motions were considered to help in weight reduction. Programs of exercise and good nutrition are certainly supplemented by energy-giving and invigorating massage. From 1850 to the 1920's different massage machines evolved. By then a familiar fixture in gyms and spas was the classic belt-massager, believed to tone, firm and reduce fatty deposits. In the middle of the 20th Century the Eska company of Iowa successfully marketed its famous Eskasizer, a belt massager.

BODY SLIM MASSAGERS WORK ON IMPORTANT AREAS OF THE BODY

The various powered massage devices we sell all deliver this essentially simple health care process. Each is designed and engineered to give effective massage. Whether through motion, focused application of heat, manipulation of the body tissues in isolated areas, or applied pressure, they deliver consistent massage to areas of the body that are known to benefit, while giving you full control of the process.

! CAUTION

- Never leave the device unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
- Place the device on a level surface with a proper space of clearance behind it.
- Do not attempt to raise, lower or move the device until it is properly assembled.
- Inspect and tighten all parts of the device regularly. Wrong usage could influence the stability of the device.
- Never insert or drop any object into any opening.
- Keep the device and power supply cord away from damp surfaces.
- Do not carry or move this device by power supply cord.
- If the power cord is damaged it must be replaced by manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

HAVE A LOOK AT OUR OTHER BODY MASSAGERS. WE FEATURE A FULL RANGE.

We continue to supply the most advanced and ingenious massage devices to be found anywhere.

	<p>Multi-Speed Variations System - (V988)</p> <ul style="list-style-type: none"> ▪ Ultra Vibration Belt Massager ▪ Multi-Speed (achieve a top vibration speed of 7200 rpm), Body Massage + Foot Massage ▪ Dial control timer: 0-15 minutes ▪ Body toning, athletic enhancement, add to your body slimming routines
	<p>Beauty Massager - (CY888-S2)</p> <ul style="list-style-type: none"> ▪ Ultra Vibration Belt Massager ▪ Multi-Speed, Body Massage + Foot Massage ▪ control timer: 0-15 minutes ▪ Body toning, athletic enhancement, add to your body slimming routines

IMPROVED NEW DESIGN!

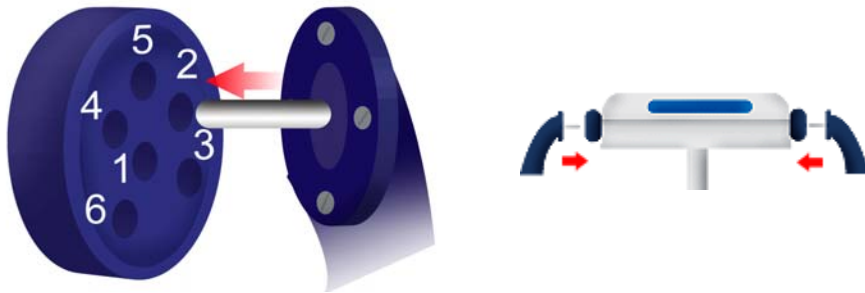


HOW TO USE 6 SPEED BEAUTY MASSAGER DS166:

BEFORE USE:

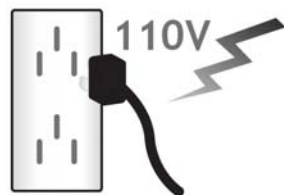
1. Speed Setting:

- Insert both belt pegs into holes (each at the same speed, 1-6) and check that they are firmly connected to the speed knob.



2. Power Supply

- Connect the power plug of the unit correctly with power socket after checking the voltage.



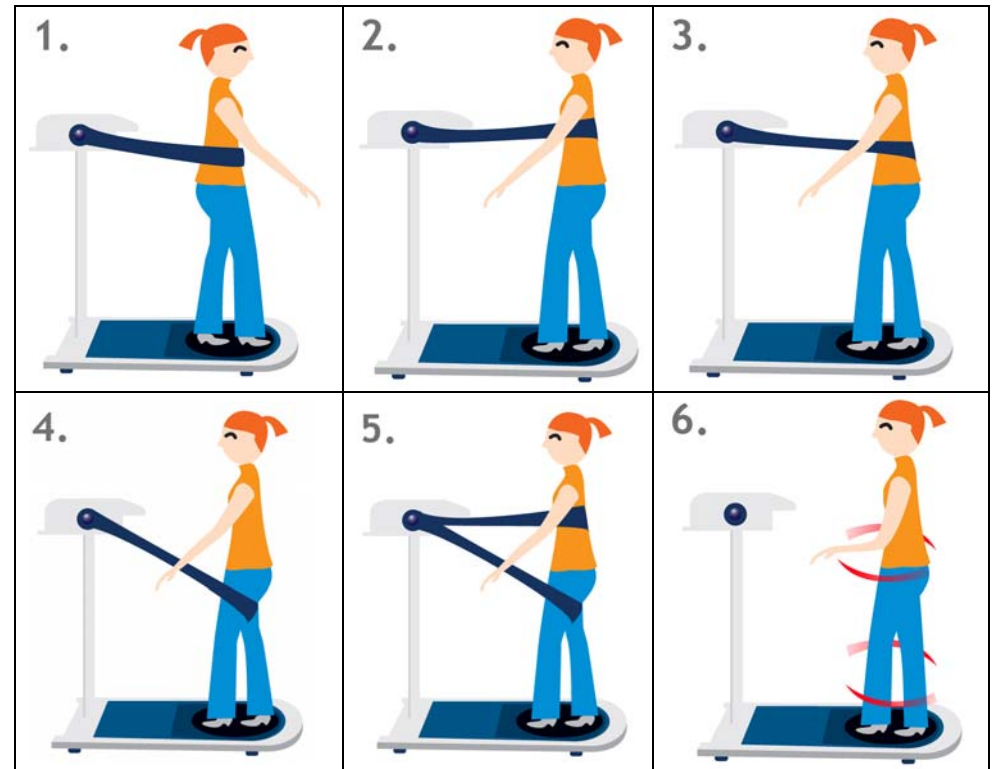
3. Massage Belts

- Stand on the rotating foot stand
- Choose single strand massage belt with rollers, or double strand massage belt (strands together or separated), wear the belt on the targeted body area, belly, waist or thigh etc.
- Press "Power Switch" to start.



IN USE:






1. Massaging to firm the belly.
2. Massage for lower back muscle tone and relief of strain.
3. Massage on the waist.
4. Works on the thighs.
5. Massage the upper and lower body at the same time (using double-strand belt and separating the strands. Apply one strand to each position.)
6. Place your feet on the Foot Stand, and rotate your body from right to left.



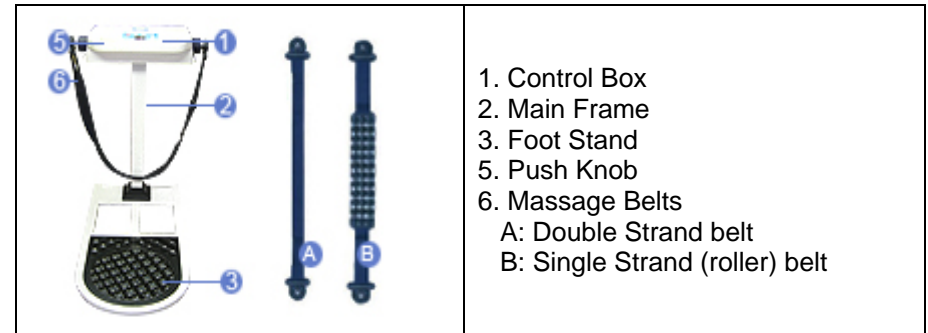
6 SPEED BEAUTY MASSAGER DS166 TECHNICAL SPECIFICATIONS:

Power Supply	110 V
Motor Max. Power	70 W
Frequency	50 Hz
Speed	530 RPM
Dimensions after Assembly	W x L x H: 91x 41 x 122 (cm)/ 36" x 16" x 48"
Weight	22kg / 48.5 lb (G.W.) / 19 kg / 42 lb (N.W)

! WARNINGS

<ul style="list-style-type: none"> Prior to use, drink water to help the metabolism and ensure proper hydration during the activity. 	
<ul style="list-style-type: none"> To avoid skin irritations, it is not advisable to apply massage to one part of the body for too lengthy a period. 	
<ul style="list-style-type: none"> Handle the device with care to ensure it is well-supported, and adjust height properly to guard against accidental falls. 	
<ul style="list-style-type: none"> Do not use the device continually for over 30 minutes, in order to extend the life-span of the device. 	
<p>Contraindications:</p> <ul style="list-style-type: none"> Should not be used by pregnant women. Not for use by individuals with the following conditions: unhealed surgical wounds, sprains or damaged bones, heart condition, high blood pressure. 	

6 SPEED BEAUTY MASSAGER DS166 COMPONENTS:



1. Control Box
2. Main Frame
3. Foot Stand
5. Push Knob
6. Massage Belts
 - A: Double Strand belt
 - B: Single Strand (roller) belt

6 SPEED BEAUTY MASSAGER DS166 ASSEMBLY INSTRUCTIONS:

- 1) First, attach foot stand assembly to supporting post using 4 bolts, 4 washers, and 4 nuts supplied; attach 2 sections of plastic molding at base of post using 4 screws supplied. Apply bolts from above, screws from beneath.
- 2) Bolt control box to post using 2 bolts and 2 washers supplied.

